## **Empowering Parents Empowering Communities**





Empowering Parents, Empowering Communities (EPEC) is a successful, popular, unique parenting approach. EPEC is *for* local parents, *led by* local parents. As an EPEC parent group leader, you will:

- \* Receive an amazing free training and support from our local EPEC team.
- \* Learn to lead practical, caring groups for local parents.
- \* Share tried and tested methods that give children the best start in life.
- \* Join a group of like-minded parents to make a difference to your local community.
- \* Develop your skills and confidence.
- \* Gain experience that will help you fulfill your ambitions.

